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'Illumination & Innovation'



## Highlights from the 2015 Annual Meeting of the American Society of Clinical Oncology®

May 29–June 2, McCormick Place, Chicago, IL

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“Our study could guide the development of patient-centered health care models, with an emphasis on the most important appointment characteristics; models should improve patient access to experienced doctors, and support the role of primary care providers in the community,” said investigators. “Interventions to reduce waiting and travel times for appointments and to accommodate medical escorts still influenced patient choices, but to a lesser degree.”

Wong SF, et al. Abstract #6527. June 1, 2015.

### **Financial Burden for Cancer Patients in Clinical Trials: Impact of an Equity Program Intervention**

New study findings show that some cancer patients who participate in clinical trials (CT) face significant financial barriers. Researchers questioned the impact of cancer care equity program (CCEP) on clinical trial participation, and analyzed the low enrollment among underserved groups.

Study authors enacted a CCEP at Massachusetts General Hospital (MGH) in 2014 to help fund non-clinical expenses related to CTs (e.g. travel, lodging). After providing financial assistance to CT participants, enrollment in 2014 (after initiating the CCEP) to 2012 and 2013 were compared. Researchers also administered surveys to CCEP patients and a comparison group of non-CCEP patients. Multiple regression analysis to

evaluate changes in CT enrollment were also used.

The results showed that, in 2014, cancer CT enrollment increased by 17% and 40% compared to 2012 and 2013; results were adjusted for CT availability, phase, and cancer type.

Enrollment increased for racial minorities, those who lived greater than 50 miles from MGH, and for women, showing that financial assistance can increase the representation of underserved groups in CTs.

CCEP patients self-reported in the study survey that they had financial concerns in medical costs, travel, lodging and insurance coverage; their financial worry was greater than that of non-CCEP participants.

[Clinical trial] patients self-reported in the study survey that they had financial concerns in medical costs, travel, lodging and insurance coverage.

The presenters stressed: “While CTs often represent the best option for patients with cancer, patients served by the CCEP report significant financial barriers to CT participation. These findings stress the need to recognize and address the financial burden of CT participation.”

Nipp RD, et al. Abstract #6501. May 30, 2015.



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SUZANNE ELEANOR DAHLBERG, PHD, PRESENTS BASKET TRIAL DESIGNS.

## Overcoming Barriers to Innovation

**T**he presenters worked throughout the weekend to fulfill this year's theme focus of "Innovation." To be sure, many of the sessions did offer late-breaking clinical trial results and other research that is—as Jonathan S. Berek, MD, Co-Chair of ASCO's Management of Cervical Cancer Guideline Expert Panel stated—"truly practice changing."

But in the midst of these shared innovations, many of the sessions focused on the sweeping and specific barriers that the medical community faces—issues that hinder innovation. These presentations, posters, and discussions meditated on the question, *But how? How do we innovate?* A cursory search of "how" in the conference directory revealed at least 20 multi-presentation sessions and 194 abstracts asking or answering this very question: *How?*

Dr. Berek, in a pre-conference letter published on ASCO's website, expressed that this question is of utmost importance for the conference: "How do we bring the value of new discoveries to our patients?"

### How Can We Improve Clinical Trial Efficiency? Think Outside the Box

The Extended Education session "Improving Clinical Trial Efficiency: Thinking Outside the Box" discussed the adaptive enrichment design strategies that have developed over the last 2-3 years, representing fresh tactics to hasten drug development so that the correct therapies can be provided to the correct patients as quickly as possible.

In an accompanying educational article from the ASCO® 2015 Educational Book, co-authored by the panel chair Sumithra J. Mandrekar, PhD, Mayo Clinic, published as a resource for conference participants, the authors reflected on the need for such innovation: "The traditional drug development paradigm of phase I for establishing the safety profile, followed by phase II for efficacy signal, followed by phase III for establishing definitive clinical benefit is challenged by the use of targeted therapeutics and incorporation of biomarker assessment

The fundamental challenge for development of new cancer therapeutics is therefore to be able to identify and assess activity in molecularly defined patient subsets starting from early phase trials to predict which patients will respond to a new agent/regimen.



MOTHAFFAR F. RIMAWI, MD, SHARES RESEARCH ON ANTI-HER2 THERAPIES.

for medical treatment.” Though this traditional method has yielded “notable success,” the presenters commented that finding the right drug for the right tumor remains “rudimentary.”

“The fundamental challenge for development of new cancer therapeutics is therefore to be able to identify and assess activity in molecularly defined patient subsets starting from early phase trials to predict which patients will respond to a new agent/regimen,” they wrote.

Session presenters outlined the three primary approaches that evolved:

- “The **enrichment design**, also called targeted design. Patients are screened with the diagnostic test and those who are considered ‘test-positive’ are eligible for the clinical trial. Eligible patients are randomized to receive either the test drug or an appropriate control regimen.”
- “**Umbrella trials** [that] incorporate a central infrastructure for screening and identification of patients with a focus on a single tumor type or histology; multiple subtrials that test targeted therapeutics within molecularly defined subsets are embedded within the umbrella framework.”
- “**Basket trial designs** [that] offer the possibility to include multiple molecularly defined subpopulations, across histologic subtypes or tumor types, in one cohesive design to evaluate the targeted therapy in question.”

The presenters noted the increasing popularity of these methods as researchers work to treat their patients as quickly and effectively as possible.

Simon R, Mandrekar SJ, Dahlberg SE. Education Session. May 31, 2015.

### How Can We Overcome Drug Resistance in Targeted Therapy of Cancer?

An Extended Learning session offered three examples of barriers to curing cancer, despite the innovations made in the field: 1. Resistance to Anti-HER2 Therapies in Breast Cancer, presented by Mothaffar F. Rimawi, MD; 2. Resistance to Tyrosine Kinase Inhibitors in Lung Cancer, presented by Christine Marie Lovly, MD, PhD; and 3. Resistance to Targeted Therapies in Gastrointestinal Cancers, presented by Josep Tabernero, MD, PhD.

Take-aways from each presentation:

- **Resistance to Anti-HER2 Therapies in Breast Cancer:** “HER2 is amplified or overexpressed in 20% to 25% of breast cancers. HER2 is a redundant, robust, and powerful signaling pathway that represents an attractive therapeutic target. Anti-HER2 therapy in the clinic has resulted in significant improvements in patient outcomes.” Resistance happens for a number of reasons: “pathway redundancy, reactivation, or the utilization of escape pathways.”  
Dr. Rimawi noted: “Deciphering these resistance mechanisms is necessary to better tailor therapy to individual patient tumors, optimize patient outcomes, and avoid unnecessary toxicity and cost.”
- **Overcoming Resistance to Anti-EGFR Therapy in Colorectal Cancer:** “EGFR is a validated target for cancer therapeutics, with cetuximab and panitumumab leading to significant overall survival benefits when added to first-line chemotherapy in patients with genomically selected (all RAS wild type) metastatic colorectal cancer.” Several genetic alteration cause resistance to anti-EGFR monoclonal antibodies. Furthermore, “Resistance to anti-EGFR therapy in colorectal cancer is also related to nongenetic mechanisms, such as compensatory activation of parallel receptor tyrosine kinases and over-

expression of ligands involved in paracrine signaling networks in the tumor microenvironment.”

Dr. Taberbero argued: “Knowledge of the specific genetic mechanisms of drug resistance and the compensatory parallel signaling activation that occurs during anti-EGFR exposure have been fundamental for the study of alternative kinase inhibitors... [and] because targeted gene analysis does not always explain the mechanism by which CRC becomes resistant to anti-EGFR therapy, we believe that additional research should be directed toward understanding and controlling the evolutionary process in tumors.”

- *Combating Acquired Resistance to Tyrosine Kinase Inhibitors in Lung Cancer:* “Treatment for patients whose lung tumors harbor specific oncogenic mutations often results in dramatic response to targeted therapies, such as tyrosine kinase inhibitors (TKIs)... Resistance can be either primary (de novo) or acquired. Specifically, acquired resistance is defined by tumor growth after initial tumor regression... Mechanisms of acquired resistance include drug target gene modification (amplification, second-site mutations), activation of bypass tracks, which serve as compensatory signaling loops, and/or histologic transformation.”

Dr. Lovly stressed: “A thorough understanding of the mechanistic basis for acquired resistance and the development of innovative therapeutic strategies to overcome resistance are paramount to most effectively combat resistance and, therefore, to improve the care of patients who have lung cancer.”

Rimawi MF, Lovly CM, Taberbero J. Education Session. May 31, 2015.

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### How Can We Improve Access to Cancer Care for Veterans with Lung Cancer?

Specialized projects with the goal of improving quality of cancer care can significantly improve cancer treatment for underserved groups—such as veterans, according to a new study. The study, “Improving veteran access to lung cancer care (IVaLuCancerCare): A quality improvement project at the Louis Stokes Cleveland VA Medical Center (LSVAMC),” sought to identify and improve three shortcomings of lung cancer care for veterans: timeliness of care, coordination of care, and access to palliative care.

Researchers, through a grant from the VA Office of Specialty Care Transformation, developed a multidisciplinary program to help the 190 new veterans diagnosed

with lung cancer every year and the 450 veterans who are followed for lung cancer care.

Toward this end, study authors implemented the program, in conjunction with the VA Center for Applied Systems Engineering, consisting of dedicated weekly lung cancer clinics and patient navigators, weekly lung tumor boards and nodule rounds, new education clinics and tracking tools, screening and management, and other interventions.

The main goals were to increase the percentage of veterans receiving palliative care from 0% to 30%, to increase medical oncology visits of 2 or more additional consultations on the same day from 33% to 50%, and to increase the number of veterans with non-small cell lung cancer who receive their first treatment within 4 weeks of diagnosis from 33% to 50%.

Using the “IVaLuCancerCare” project at the LSVAMC, these goals were met. “We plan to sustain and spread the above changes and identify new ways to further enhance our program,” said study authors.

Malhotra S, et al. Abstract #9593. May 30, 2015.

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### How Can Precision Medicine Benefit Cancer Patients?

Precision medicine (PM) is a rising trend across the medical field. Since President Obama announced a PM initiative, both the U.S. House and Senate confirm that it is something to be taken seriously—from individual patients to national policy at the Federal level.

In one of the featured press briefings, “Innovations in Precision Medicine for the 21st Century,” session moderator Clifford A. Hudis, MD, FACP, outlined the three challenges of PM in terms of oncology: 1. How to find new ways to test drugs according to molecular characteristics of tumors; 2. How to learn from every patient; and 3. How to harness data in powerful new ways.

The Targeted Agent and Profiling Utilization Registry (TAPUR) study was the main focus of the briefing. TAPUR recognized the findings of Van Allen et al. that a large proportion of cancers may contain at least one plausibly actionable genetic alteration, and that a conventional clinical trial design approach may not be possible to address the fact that individual patients may need more than sweeping trial result.

Often, patients with advanced cancer have no standard medication options. When genomic profiles are performed, actionable variants are sometimes detected. The issue, then, is how to get patients targeted drugs, and how to learn from the treatment to help other cancer patients.

To address this, TAPUR will seek to observe the practices of prescribing targeted therapies to individuals with advanced cancer whose tumor reveals a genomic agent known to have a target drug. The other primary objective is to facilitate patient access to available anti-cancer drugs that may have potential efficacy.

Study participants will be chosen on the following characteristics: diagnosed with solid tumors, B cell NHL, and multiple myeloma; no option for standard treatment; and adequate organ function; genomic test results from a CLIA certified, CAP accredited lab, NYS accredited. Investigators will group patients by tumor type-variant, with eight patients per group. If no treatment response is evident, those treatment groups will be disbanded. If at least one response is observable, researchers will enroll an additional 16 patients.

The study will be guided by ASCO®-Established Oversight Committees:

- Steering Committee to oversee the logistics (operations, publication policies, methods review);
- Molecular Tumor Board (MTB) to review the proposed drug-target match; and
- Data and Safety Monitoring Board (DSMB) to independently review the results, monitor adverse effects and if cohorts should be disbanded, and oversee data release.

A complete protocol will be submitted by July 2015; investigators hope to begin patient enrollment later this year.

Press Conference, June 1 2015.

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## Drugs: Revelations and Reflections

*The advancement in drug therapy is perhaps the greatest priority for treating and seeking a cure for cancer. The three main therapies that generated the most discussion were the use of vaccinations to stimulate the immune system to attack cancer, the engineering of T-cells to assist them in recognizing and fighting cancer, and the control of TNF receptor agonists to stimulate the pathways for a more aggressive immune response.*

*Here are a few other facets of the discussion on drug therapy development.*

### 3 Trends in Drug Development at a Glance

The conference presentations offered trends in oncology drug approval and development.

Drug approval and cost are always of interest to those researchers hoping to have success in clinical trials. Here are three studies offering insight.

#### HOW CAN BIOMARKERS AFFECT DRUG APPROVAL?

Study results offered in a paper titled “A Decade of Oncology Drug Development,” published in conjunction with the conference noted, “The FDA has been working to get efficacious and safe drugs quickly out to patients who would benefit from them...The number of oncology drug approvals has expanded greatly over the past decade, especially for solid tumors. The approval of monotherapy and biomarker-linked drugs in cancer increased two- and three-fold in the last decade, raising optimism that novel therapies may be shifting the approach towards treating oncologic malignancies.”

#### CAN FINANCIAL CONFLICTS OF INTEREST AFFECT FDA DRUG APPROVAL?

A study titled “Association Between Oncologic Drugs Advisory Committee (ODAC) Members’ Financial Conflicts of Interest (FCOIs) and Recommendations for Drug Approval by the U.S. Food and Drug Administration (FDA)” demonstrated that FCOIs, especially with the sponsor, are associated with higher odds of ODAC recommendation and of final FDA approval of oncologic drugs. The results showed that “voting members with any FCOIs were more likely to vote in favor of a drug (OR 1.34,  $p = 0.04$ ). There was a near-significant interaction between the presence and type of FCOIs; FCOIs with the sponsor were associated with higher odds of voting in favor of a

Researchers found that drugs developed with a biomarker had success rates of 24% versus just 6% for those developed without biomarkers—a four-fold increase.



drug compared to FCOIs with a competitor (OR 1.89 vs. 0.97, interaction  $p = 0.052$ ). Similar results were seen for the association of ODAC members' FCOIs and final FDA approval (OR 1.42,  $p = 0.03$ .)"

#### HOW ARE PRICES IN DRUGS CHANGING OVER TIME?

An analysis titled "Price Migration of Oncology Drugs Launched in the United States between 2010 and 2015" similarly offered trends regarding the cost of these medications and treatments. The conclusion of the study showed "important differences in the magnitude and frequency of price increases taken by oncology drug manufacturers. Differences are seen by tumor type and by route of administration. Further inquiry may be useful to determine the structural and strategic factors driving these differences."

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#### The Role of Biomarkers in Improving Clinical Trial Success: A Study of 1,079 Oncology Drugs

Biomarkers improve the chances of clinical trial success for cancer drugs, according to a paper spot-lighted in special issue of the *Journal of Clinical Oncology*, circulated as a session supplement at the conference.

Researchers from the University of Toronto noted that a large number of drug therapies have no success during clinical trial testing. Basing their study on a common belief that biomarkers can assist the chances of a compound advancing during drug development, investigators sought to perform "the most rigorous analysis of biomarker impact on cancer drug testing to date."

The authors focused on four indications (breast, lung, and colorectal cancer, and melanoma), pooling their data from the National Institutes of Health Clinical Trials database (*ClinicalTrials.gov*) and other publicly accessible

information from January 1, 1998 to July 1, 2013. Using this data, screening over 10,000 clinical trials, they analyzed the presence or absence of biomarker use in conjunction with how far 1,079 drugs advanced.

Researchers found that drugs developed with a biomarker had success rates of 24% versus just 6% for those developed without biomarkers—a four-fold increase.

The increased success was most evident for phase III clinical trials for each disease studied.

While he was not opposed to the use of pain medicines, such as opioids, Dr. Campbell's focus was to offer alternative treatment to supplement other therapies—and, in some cases, replace drug therapy all together.

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#### Reflections on the Challenges of Pain Management: Alternative Approaches

In an Extended Education session offered yesterday, panelists presented three key approaches in thinking about



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pain management for oncology patients: 1. Non-opioid Pain Medicines and Adjunctive Alternative; 2. Opioid Pain Medicines and Regulatory Issues; 3. Screening and Managing Misuse and Abuse.

The discussion offered by panelist **Toby Christopher Campbell, MD**, of the University of Wisconsin Cabrone Cancer Center, extended the drug discussion into the realm of supplemental treatment. He stressed that the key concern in pain management for cancer patients is their ability to maintain a relatively normal life. “What many of us hope is that our patients can function,” he said. While making clear that he was not opposed to the use of pain medicines, such as opioids, his focus was to offer alternative treatment to supplement other therapies—and, in some cases, replace drug therapy all together.

Dr. Campbell argued that pain is much more than a physiological response, often decreasing quality of life (family, work, finances, etc.) and often changing behavior (psychological reactions to symptom, maladaptive responses). These additional concerns, as well as the substantial chronic pain cancer patients suffer, can ben-

efit from alternative therapies: mind-body, movement, sensory art, and multi-modal integrative approaches.

While the aforementioned therapies are often guided, Dr. Campbell also noted there are many affordable, active self-care strategies such as meditation, yoga, homeopathic treatment, message, and using natural products.

Every patient is different and these alternative or complimentary therapies should be patient-centered, considering age, culture, education, readiness to change, outcome expectations, aptitude for specific strategies—and, of course, the type of pain, its intensity, and location.

Dr. Campbell did acknowledge the limited evidence for such therapies, as well as practitioner concern that may inhibit these treatments. ●

Campbell, TC. Education Session. June 1, 2015.

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